



Prepping for surgery:
Aravind Eye Hospital,
Puducherry



Laughter and Love in
Government Schools, Delhi



Funshops with healthcare
Professionals, Baja, Mexico

**Join the program.
Create a Happy, Healthy India for All.**

The applications for the FASMC will be issued from 11th June 2019 onwards. Applications can be obtained in person on payment of Rs.500/- by cash or DD taken in favour of Saveetha Medical College, payable at Chennai (or) by post with DD for Rs.550/-.

Completely filled Application forms should reach Admissions Office, Saveetha Medical College, Saveetha Nagar, Thandalam, Chennai – 602105 on or before June 25th, 2019.

FOR MORE INFORMATION CONTACT



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www.saveetha.com
www.saveethamedicalcollege.com
https://m.facebook.com/profile.php?id=1637962449815597&ref=content_filter



www.mediclownacademy.org
www.youtube.com/watch?v=ugwtxazFbg
www.facebook.com/MeDi-Clown Academy-357169134916100
www.instagram.com/mediclownacademy
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*For the first time in India, presenting an Accredited & Certified
Fellowship Program for those aspiring for careers in health and well-being,
education, social sector and corporate organizations*

Fellowship in the Art and Science of Medical Clowning (FASMC)

July 2019 - Jan 2020 | 6 - Months / 600 Hour Full-time Course

Department of Medical Humanities,
Saveetha Medical College & Hospital (SIMATS)



The Art and Science of Medical Clowning

There is a new global narrative of the human spirit in which we experience and embody joy, laughter and compassion; these affirming qualities are the new commodities, the new currency, for a productive, harmonious culture. They overcome and transform stress, anxiety and depression.

Top universities such as Harvard offer credit courses in Happiness and Positive Psychology. Fortune 500 companies like Google thrive on organizational culture incorporating play and mindfulness. When we break out of the box, we shift the status quo, embracing this beautiful adventure called life, enter a new world of possibilities unknown before.

Vidushaka, the clown character in the Mahabharata, plays a vital role in healing the society. In the 16 century, Vikatakavi, the jester poet of South India was the special advisor to Krishnadevaraya. Hippocrates, the father of medicine, in 460 BC had clowns and artisans in his hospitals. Modern day science is now validating ancient knowledge with thousands of internationally peer-reviewed scientific studies.

Today, Therapeutic / Medical Clowning is a profession that has been practiced in the western world for over 30 years. With well-documented research and studies, it is now a global practice and career. Therapeutic / Medical Clowning has been accepted into hospitals, health services, education and corporate organizations.

OPPORTUNITIES FOR EMPLOYMENT : BE THE CHANGE!

The FASMC offers a unique livelihood, career opportunity and impactful social entrepreneurship.

MeDiClowns add value in the following work areas such as:

- Private / Government hospitals, community, geriatric homes, palliative centre, hospice, health centers, infertility clinics
- Education: schools and higher educational institutions



- Traumatic or stressful environments: Army, Navy, Air Force and Allied Defence Services
- Financial service establishments, corporations and high stress work environments
- Call centres and places where employees work against their biological clock
- Situations where work-life balance is challenged (working mothers, aging parents)
- Hospitality industry, aviation sector, NGOs, government organisations
- Performing arts
- HR personnel
- Women self-help groups
- And many more, as a growing global career...

The FASMC is offered by Saveetha Medical College & Hospital (SIMATS), Chennai in association with MeDiClown Academy, Auroville. The Fellowship program integrates the therapeutic art and science of happiness, humour and healing through laughter, joy, play and love.

Research has shown that the curriculum and teaching methodologies adopted in the program offer reliable and replicable results in:

- Reduction of depression and feelings of isolation leading to suicide
- Decrease in illnesses including heart disease, diabetes, dementia, cancer and asthma
- Increased communication between staff and patients, teachers and students, employers and employees
- Decrease in staff burn out leading to fewer days absent and lower staff attrition

KNOWLEDGE PARTNERS

Saveetha Medical College

Saveetha Medical College was established in 2008 as one of the constituent colleges of Saveetha University, with the aim of extending Saveetha University's experience and expertise in the field of education to Medicine. Saveetha Medical College & Hospital has successfully evolved into one of the premier institutions of medical education in the country. SMCH has secured the prestigious 25th Ranking by NIRF in 2019.

MeDiClown Academy

MeDiClown Academy is a registered activity of the Auroville Foundation since 2014. MeDiClown Academy received the prestigious YES! i am the CHANGE 2018 Award from YES Foundation to replicate and scale up their 600-hour professional program to train trainers and train and place 5000+ MeDiClowns to work across India.

COURSE DETAILS

The FASMC Program includes:

- 6 months training with experts in the field
- Workplace Protocol, Scope / Employment Opportunities in India and globally
- International, Contextual Research, and Core Academics: Sociology, Medical Anthropology
- Sustainable Health and Well-being Techniques: Music, Yoga, Reflective Practices
- Traditional Arts Forms, Theatre Practices and Transformational Theatre
- An immersive 14 Day Residential Program to experience and enhance individual clown personas and emotional intelligence
- Fieldwork: Shadowing International MeDiClowns, rounds at health care facilities (all departments including Casualty, ICU, Operation Theatre, Oncology Ward) in rural & urban settings, corporate organisations and more...

ADMISSION PROCESS

Eligibility Criteria

Candidate must possess a bachelors or post graduate degree in any discipline from a duly recognized University. Life experience may be considered in exceptional cases. Selection Criteria shall include an aptitude assessment and attitude evaluation.